

Spirit Too Class Offerings Jan 2 – March 31

Monday

12 Weeks Jan 9 – March 27

4:00-5:00	Tumble Class	\$247
4:15-5:00	Tiny Tumble	\$208

Tuesday

13 Weeks Jan 3 – March 28

4:00-5:00	Mini Tumbling Class	\$247
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Wednesday

13 Weeks Jan 4 – March 29

4:00-5:00	GHS	
5:00-6:00	GHS	
6:00-7:00	Tumble Class	\$247

Thursday

13 Weeks Jan 5 – March 25

4:00-5:00	Tumble Class	\$247
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Sunday

8 Weeks Jan 8 – March 12

No class 1/15, 2/12, 2/26

2:00-3:00	Tumble Class	\$156
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All Levels Fully Spotted Open Gyms

Hosted by Ricky Carter from Tank Time Athletix

Fridays 7:30-9pm \$20 per session

No Open Gym: 1/20, 1/27, 2/10, 3/17, 3/31

STAY UP TO DATE ON OUR WEBSITE WITH
OUR ONE-DAY CLINICS

UPCOMING CAMPS AND CLINICS

ONE DAY TUMBLE CLINIC 1:00-4:00

2/14, 2/16, 2/20, 2/24, 3/13

\$40/day members. \$45/day nonmembers

Non-Refundable once Registered

BIRTHDAY PARTIES

Book Your Birthday Parties with US!!!

Choose a CHEERNastic, FUNtastic & Zumba Party!

Parties are available 7 days a week. A CHEERNastic party includes a fun-filled 45 minutes of tumbling, jumping, and/or stunting. The FUNtastics party option includes 1 hour of bouncing, jumping, and flying. A Zumba party includes 1 hour of Zumba dancing!

PRIVATE LESSONS

One on one private instruction in any area of cheerleading is available 7 days a week. Call the gym to schedule an appointment with one of our certified coaches!

PRACTICE FACILITY

This service is available so that you can prepare your athletes for games or performances on our full 42x54 spring cheer floor. \$7.00 per hour per athlete (minimum fee of \$105.00) Competition Critiquing and Private Coaching is available at an additional \$100.00 per hour.

CHOREOGRAPHY

Need a professional to choreograph your competition routine? We have many coaches on staff to create your routine or parts of your routine. ALL COACHES HAVE EXTENSIVE KNOWLEDGE OF CHEER SCORE SHEETS!

CLASS REGISTRATION FEE

\$50.00/student or \$75.00/family

This fee is good for one year from the date of registration.

This fee is non-refundable – Discounts Available

20% off 2nd regularly priced tumble class for 2x a week.

20% off 2nd regularly priced tumble class for a 2nd child.

TEAM DISCOUNTS available! Contact our office today.

ABOUT OUR CLASSES

TUMBLE CLASS. Our tumbling program is suitable for athletes of all ages and abilities. Our instructors focus on proper tumbling technique to ensure safety as well as developing and advancing tumbling skills. Our instructors use a variety of equipment and drills to instruct our athletes.

ALL STAR TUMBLING. Our all-star athletes take part in a one-hour team tumbling class each week. This class focuses on technique, timing, difficulty, and proper tumbling progressions.

TINY TUMBLE. This class is specific for athletes between the ages of 4-7. No experience necessary

MINI TUMBLE. This class is specific for athletes that are 8 years old and younger to focus on building strong basics, body control, and progressing tumbling skills. Tumbling skills include rolls, handstands, cartwheels, round-offs, and walkovers. Further progressions will be taught once beginner skills are mastered.

CLASS POLICIES

Classes are subject to cancellation if enrollment is not met.

Session must be paid in full before attending the first class

All athletes must have current registration form on file to participate.

This form can be found on our website

spiritzonetoo.com

Be sure to check your email and News 12 CT for closures in the event of inclement winter weather.

Stay tuned, coming soon:

Mommy and Me Classes